

OCTOBER 2017
WALNUT GROVE
GAZETTE



WALNUT
GROVE

Benefitting Bishop Noland Episcopal Day School

5K &

NUTTY FUN BUBBLE RUN

NOVEMBER 4, 2017

Come run and have fun with us at Walnut Grove for the 5th annual 5K & Nutty Fun Run benefitting Bishop Noland Episcopal Day School's Eagle Fund! We will have a 5K, Nutty Fun BUBBLE Run, activities for kids, music, food and more!

Time: 5K race begins at 8:00 am

Nutty Fun Bubble Run will begin after runners return
Start/Finish Walnut Grove, TND 1575 W. Sallier Street
Lake Charles, LA 70601

Early Registration for 5K and/ or Nutty Fun Bubble Run:
Includes a commemorative t-shirt (must pick up on race day)

Pre-registration deadline is October 13th

5K: \$20/person

Nutty Fun Bubble Run (ages 2 and up): \$15

For Kids ages 2 and up (parents are welcome to run with their children)

Nutty Fun Bubble Run will begin after 5K runners return.
No T-shirt will be included when registering after Oct 13th.

For your convenience, online registration continues from October 13th through Nov 2nd.

Race Day Registration: from 6:30 am -7:30 am
T-shirt not included

5K: \$25/person

Nutty Fun Bubble Run (ages 2 and up): \$15
\$100 maximum for a family of 4 or more

Award Divisions:

Top Overall Male and Female

Top Male and Top Female in Age Groups:

14 and under, 15-20, 21-30, 31-40, 41-50, 51-60, 61



UPCOMING EVENTS

• October 5th Groovin At The Grove with Rouge Et Blanc Sip & Stroll, starts at 5:30pm

Thursday, October 5th out to Walnut Grove Lake Charles for the newest concert series in the Lake Area. Music by TK Hulin, GG Shin, Steve Adams, The Band Smoke and New Natives Brass Band! local brews, food trucks, and more! Groovin' is a FREE event, so bring your chair or blanket and enjoy the family fun! Sip & Stroll will require you to purchase tickets, 21 and older only. -No Ice Chests-

• October 14th French Influence Cooking Class with The Velvet Pig 6pm-9pm

Menu: Crawfish Bisque - rich and creamy french soup | Eggs Benedict (Velvet Pig Style) - poached eggs with hollandaise served over crispy fried potatoes | Beef Bourguignon- slow cooked braised beef and a red wine mushroom sauce. \$75/person
Call to reserve your place in class 337-842-5520.
Preregistration is required to reserve a spot.

• November 2nd Groovin At The Grove, starts at 5:30pm

Thursday, November 2nd come out to Walnut Grove Lake Charles for the newest concert series in the Lake Area. Music by GTO & Rosedown Rockers! We'll have local brews, food trucks, and more! This is FREE event, so bring your chair or blanket and enjoy the family fun! -No Ice Chests-

• November 30th Walnut Grove Institute's Art Exhibition Opening Artists Reception

Join us for wine and light hors d'oeuvres as we celebrate the Third Quarter Art Exhibit open.

NEIGHBOR NEWS



NOW OPEN!

At Executive Medical Clinic of Lake Charles, we provide convenient and personalized health care to the Lake Area Community.

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CLINIC HOURS
MONDAY-THURSDAY
9AM - 2PM

restaurant
calla

CALLA'S CORNER

WE HAVE VEGAN OPTIONS!

Many customers have been asking if we have any vegan options and although we don't have a special menu there are items that can be modified to fit your needs. Below is a list of items currently on the menu available for modification:

- *Beet salad (no chèvre cheese or black garlic cream)
 - *Wedge salad (no bacon or chili buttermilk dressing)
 - *Watermelon salad (no feta cheese)
 - *Sweet potato chips
 - *fried shishito peppers (no aioli)
- Menu items subject to change



1400 Market St, Floor 2
Lake Charles, LA 70601
337-419-1980

REAL ESTATE UPDATE

Make the move today! Walnut Grove's **Market Building** is the perfect spot for your office, retail, restaurant, etc. With +/- 2,623 SF available (north half of 1st floor currently built out as office space), there is plenty of room to grow your business at one of the premier neighborhoods in Lake Charles. Lease information available through Matt Redd with NAI Latter & Blum 337-310-7333.

