



JULY 2017



WALNUT GROVE
GAZETTE



Walnut Grove has two new Merchants, Infinite Health Integrative Medicine Center & Executive Medical Clinic of Lake Charles!

Infinite Health Integrative Medicine Center:

Dr. Trip Goolsby and the team of Infinite Health Integrative Medicine Center are dedicated to inspiring and empowering their patient-partners to achieve transcendent, empowered healthcare by providing excellent, individualized, patient-centric integrative healthcare that embraces the mind, body, and soul.

Their comprehensive treatment strategy takes an individualized integrative approach by combining western medicine with peer-reviewed and clinically supported complimentary therapies. Their 4Pillars Approach™ addresses nutrition, fitness, hormonal and metabolic optimization, combined with various mind-body processes such as directed imagery, coherence and resiliency training, bio-feedback, Reiki energy therapy, yoga, and tailored mind-body life and health coaching, etc. Although their overall goal is to reduce dependency on pharmaceuticals, they do prescribe as appropriate. Dr. Trip Goolsby and his team are so excited about the results their pro-active patient-partners are seeing after just weeks after being on the “Infinite Health Elite Program.” Nearly every day they hear how their patient partners are feeling 10 and 20+ years younger, more energetic, and more alive. What is even more exciting is that they are routinely seeing successes in diabetes being fully eradicated and the amount of medications “required” being significantly reduced and chronic diseases being reversed. Infinite Health Integrative Medicine Center will be located in the Sallier Building at 2002 West Walnut Street, Floor 2, Lake Charles LA 70601, their temporary location is 1510 William Street, Lake Charles LA 70601.

Executive Medical Clinic of Lake Charles:

Executive Medical Clinic of Lake Charles are a group of physicians and nurse practitioners dedicated to provide a more personalized health approach in the Lake Area community. Their services include, but not limited to, family medicine, primary care visits, annual physicals, minor injuries and aesthetics. Members of Executive Medical Clinic of Lake Charles are the primary focus of their attention and efforts. Among other benefits, members receive 24/7 direct access to their team of health care professionals and same-day appointments. If you want to enjoy exceptional care and extraordinary access, concierge medicine could be the perfect option for you! Memberships start at just \$125 a month. Members also have the option to add additional family members for \$100 fee per person. Their membership option is a great deal for individuals or families! However, you do not have to be a member to visit the clinic. Non-Member patients will pay a set fee per visit. Additional services such as radiology, lab work, etc. can be billed to any patient's insurance company. If you have any additional questions feel free to visit www.executivemedicalclinic.com or their Facebook page www.facebook.com/executivemedicalclinicoflakecharles! Executive Medical Clinic will be located in the Sallier Building at 2002 W Walnut Street Suite 1A, Lake Charles LA 70601.



NEIGHBOR NEWS

The Majestic Hall is now booking Holiday Parties for December 2017! Dates are filling up quickly, so make sure to secure your date soon! For booking or more information call 337-656-9602 or email nikki@walnutgrove.cc.



REAL ESTATE UPDATE



Walnut Grove's new model home, Hurst House (2210 Burton Drive), is now complete and will be open for tours by appointment only. Be looking for an invitation to our first official open house soon! To schedule your appointment or for more information, call **Abby Cagle at 337-532-0401**.

Plans for Charleston Park are now complete and should be open for play by the end of the year.

CALLA'S CORNER

Chef Roman Seigel

Like many culinary icons, Chef Seigel's passion for food comes from his childhood; competing in cooking competitions for 4-H, and having both his older brother and sister as chefs led him into his career. He believes preparing food is one of the purest ways to make someone happy. Cooking as a career since high school, he quickly moved up the ranks and became a sous chef by the age of 21. Since then he has worked under a number of notable chefs including David Sorrels, Troy Deano, and Jerrold Brooks, all whom have helped guide and teach him to strive for perfection and respect the product. Focusing on fusing southern cuisine with his own personal twists, Chef Seigel has taken on the role of Executive Chef with true passion. "I have some huge shoes to fill, but that only motivates me, fuels my fire to push myself harder towards success in continuing to lead Calla in a progressive direction for Lake Charles."



1400 Market St, Floor 2 · Lake Charles, LA 70601
337-419-1980

